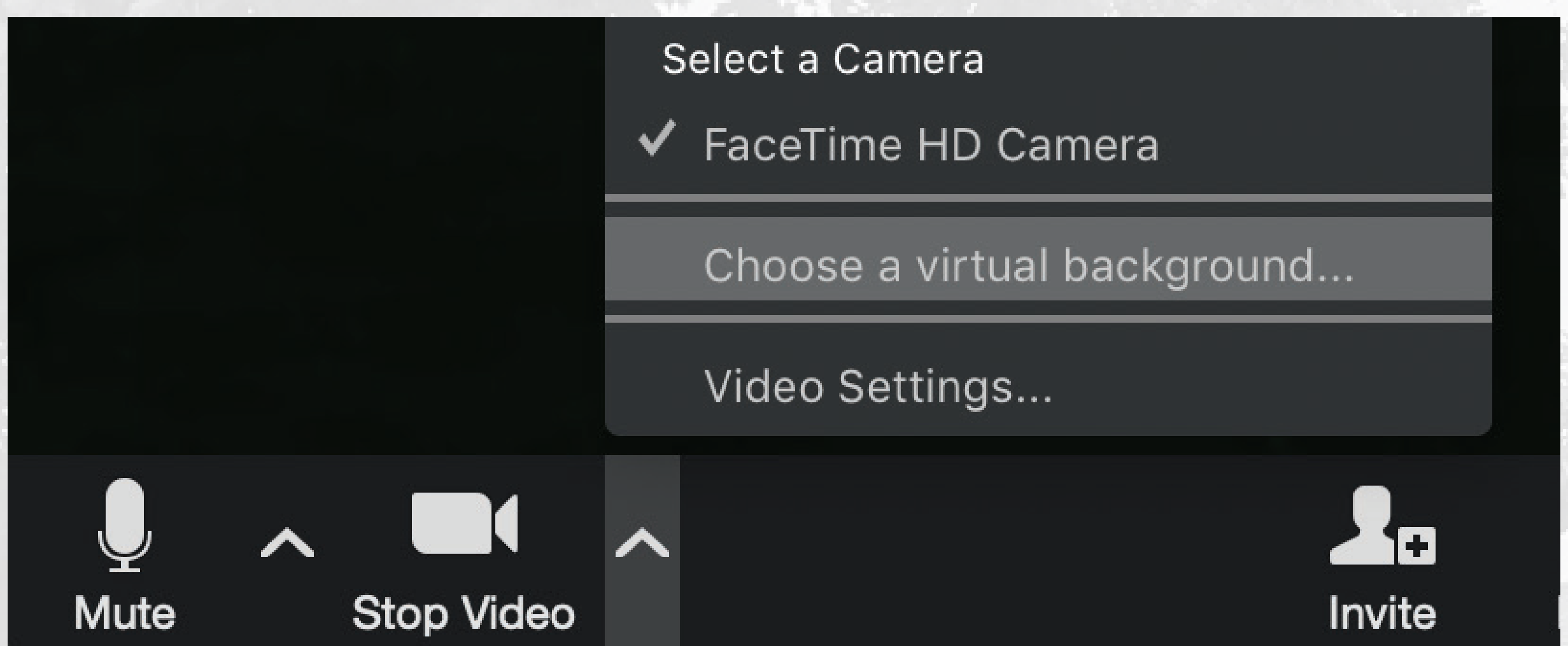
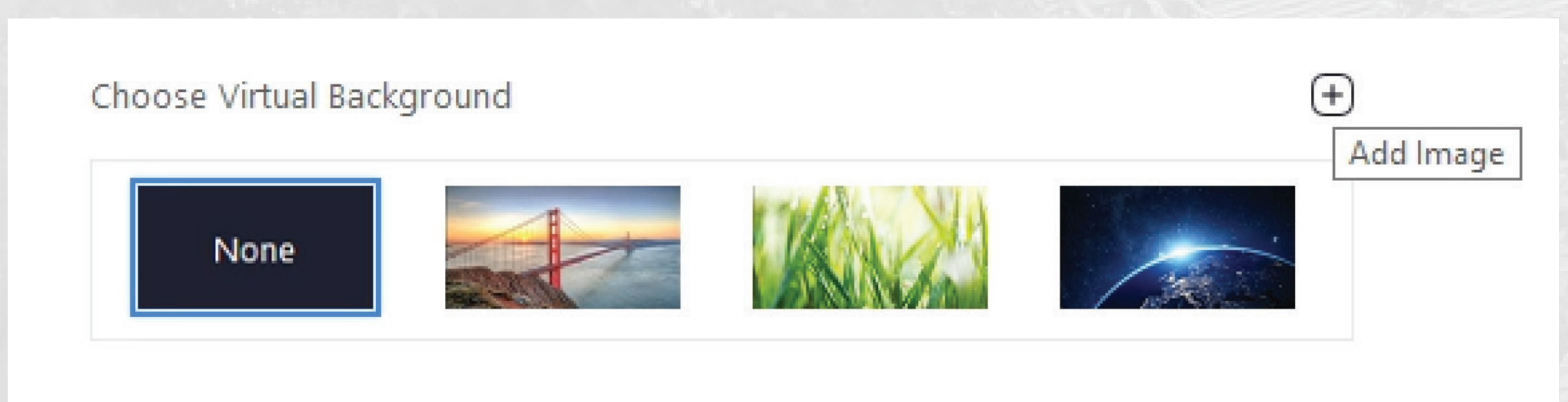


# How to Set a Virtual Background in Zoom

1. Save the photo you want to use.
2. In Zoom, click the **upward arrow** next to the Stop Video icon.



3. Select **Choose a virtual background**.
4. Click the **+** in the top right corner and select the photo.



## Tips For Success:

- Find a well lit area (natural light works best).
- Choose a location with a plain background.
- Your computer may limit your experience. For more guidelines visit [support.zoom.us/hc/en-us/articles/210707503-Virtual-Background](https://support.zoom.us/hc/en-us/articles/210707503-Virtual-Background).